



The Action Factory Training

"Enjoy the Journey"

Solution Focused Brief Therapy Intervention Team Training - 10 days

Solution Focused Brief Therapy

The reputation attained by the Solution Focused Brief Therapy method over the years is well deserved. Numerous studies have shown its effectiveness with problems as diverse as depression, alcoholism and family breakdown. It is easily adapted into all professions including health, social services, youth work and family therapy.

Aims of the course

The Intervention Team Training module is designed to take the participants through the set up process of delivering a complete Solution Focused based family intervention team.

Client groups

Typically we work with Social Service providers who wish to provide a Solution Focused Family Intervention Service. However this model has been very successful with those who simply want to use Solution Focused Therapy as part of their existing service whether that be childrens services, the Police or Health workers. We have also trained therapeutic teams, Youth Offending and residential care staff.

Course content

- Pre Course Consultation
- Full Team Training Programme
- Implementation Support & Consultation
- 1 Day Team Refresher
- Email & Phone support

Course methods

As with all Action Factory training we believe that people learn and absorb information and skills in a non-pressured fun environment. Pre Course consultation allowing us to tailor the exercises to your needs. Explanation, walkthrough and practice. All course materials are provided. A refresher day once the service has been using the method for a reasonable time.

Cost

£1,250 per person

The cost includes all materials and notes and pre course interview
Min 6 persons

We are always happy to discuss your individual teams needs or provide a free presentation at your next team meeting. Just ask we are here to help

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